



Republic of the Philippines
Department of Education
NEGROS ISLAND REGION

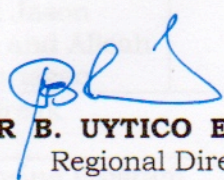
JUL 17 2025

OFFICE MEMORANDUM
ESSD – 2025 - 003

To: All Functional Division Chiefs
Unit Heads
All Others Concerned

ADLAW SANG SUSTANSYA

1. This Office, through the Education Support Services Division (ESSD) in collaboration with the Human Resource Development Division (HRDD), shall conduct the **Adlaw sang Sustansya** with the theme **“Sa PPAN: Sama-sama sa Nutrisyong Sapat Para sa Lahat”** on **July 22, 2025** at the lobby of the Regional Office.
2. Pursuant to the Presidential Decree No. 491, s. 1974, or the Nutrition Act of the Philippines, the activity aims to underscore that food and nutrition security is not a privilege, but a fundamental human right, as enshrined in the Philippine Constitution and supported by global commitments.
3. All DepEd NIR Regional Office employees are enjoined to participate in the activities.
4. Attached are the Indicative Program of Activities, Mechanics, and Working Committees.
5. Equal Opportunity Principle (EOP) shall be exercised to underscore the Department’s policy of no discrimination against any personnel for professional learning and development regardless of age, gender, civil status, disability, region, ethnic group, and political beliefs.
6. For further queries, contact Felix III Mosqueda, OIC-Project Development Officer IV of ESSD.
7. Immediate dissemination of and compliance with this Memorandum are desired.


RAMIR B. UYTICO EdD, CESO III
Regional Director



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Encl.: As stated

Reference: None

To be indicated in the Perpetual Index
under the following subjects:

PERFORMANCE

PROGRAMS

Enclosure 1: Indicative Program of Activities

ADLAW SANG SUSTANSYA

July 22, 2025

Indicative Program of Activities

Time	Activities	In-Charge	Venue
8:30 – 9:00 AM	Opening Program <ul style="list-style-type: none">• Nationalistic Song• Prayer• Attendance Check• Welcome Message• Message of Support• Nutrition Talk• Reading of the Contest Rules and Criteria	ESSD and HRDD	RO Lobby
9:01 – 12:00 NN	Cooking Festival	Ma. Lira Cynthia B. Quejada and Marlon Bungcasan	RO Grounds
	Poster Making Contest and Slogan Making Contest	Kristine Joy Fernandez and Ma. Pauline Jole De la Peña	ESSD
	Nutri – Quiz/Nutri-Tiktok	Dr. Mark Jason Mendoza and Alleah Joy Geduriagao	RO Lobby
12:01 -1:00 PM	Lunch Break		
1:30 – 2:00 PM	Awarding and Closing Program		



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Enclosure No. 2: Mechanics and Working Committees

ADLAW SANG SUSTANSYA
July 22, 2025

Activity	Mechanics
Cooking Festival	1. The contest is open to the nine (9) functional divisions.
	2. Each team will provide the ingredients and cooking equipment based on the assigned menu.
	3. Cooking including the preparation will be given 1 hour.
	4. The judges' decision is final and irrevocable.
	5. The judges will select the top three (3) winners from the 9 teams.
Poster Making Contest and Slogan Making Contest	1. The contest is open to the nine (9) functional divisions.
	2. Each will be provided with the materials needed.
	3. The participants must adhere to the contest theme and time allotment.
	4. The judges' decision is final and irrevocable.
	5. The judges will select the top three (3) winners from the 9 teams.
Nutrition Quiz	1. The contest is open to the nine (9) functional divisions.
	2. The quiz will consist of multiple-choice questions.
	3. The 3 top scorers will be declared as winners.
Working Committees	<ul style="list-style-type: none">• Prizes – ESSD• Documentation – PAU• Program – HRDD• Physical Set -up – ESSD• Materials and Equipment Needed - ESSD



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