



Republic of the Philippines
Department of Education
NEGROS ISLAND REGION

JAN 09 2026

REGIONAL MEMORANDUM

No. 026, s. 2026

ISTORYA PODCAST

To: OIC-Assistant Regional Director
Schools Division Superintendents
Regional Functional Division Chiefs
All Others Concerned

1. This Office, through the Human Resource Development Division (HRDD), will conduct "Istorya Podcast," a monthly podcast/virtual program series featuring success stories and a Health and Wellness Talk segment for teaching and non-teaching personnel in DepEd Negros Island Region (NIR).
2. The program is designed to highlight narratives of challenges and innovations to encourage peer learning and cultivate resilience, while the HealthTalk segment focuses on physical health, mental wellness, and work-life balance via DepEd Tayo Negros Island Region and DepEd NIR- Human Resource Development Division Facebook Pages.
3. All Schools Division Offices (SDOs) are required to nominate or submit the name of one (1) Teaching/Non-teaching Personnel to be part of this podcast through this Google Form: <https://tinyurl.com/IstoryaPodcastRPNomination> on or before January 31, 2026.
4. In adherence to the Equal Opportunity Principle (EOP), the Department ensures that there shall be no discrimination in the selection and nomination process for participation in this program, regardless of age, gender, civil status, disability, region, ethnic group, or political beliefs.
5. For further queries, contact Mr. Raffy L. Berina, OIC-Education Program Supervisor, HRDD at 0921-2086-514.



Address: Batinguel, Dumaguete City, 6200

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6. Immediate dissemination of this Memorandum is desired.

RAMIR B. UYTICO EdD, CESO III
Regional Director

Encl: None

Reference: None

To be indicated in the perpetual index

Under the following subjects:

MEETINGS

EDUCATION

TEACHERS

RLB/HRDD-RM-ISTORYA PODCAST
173/ January 8, 2026



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