



Republic of the Philippines  
**Department of Education**  
**NEGROS ISLAND REGION**

FEB 02 2026

**REGIONAL MEMORANDUM**

No. 099, s. 2026

**ENDORSEMENT OF THE 2026 NATIONAL TOOTHBRUSHING DAY (NTD) AND  
SIMULTANEOUS ORAL HEALTH DRILLS GUIDELINES**

To: Schools Division Superintendents  
All Others Concerned

1. This Office, through the Education Support Services Division, disseminates the attached Memorandum DM-OUGOPS-2026-08-08371 from the office of Undersecretary for Governance and Operations, dated January 22, 2026, titled **“Endorsement of the 2026 National Toothbrushing Day (NTD) and Simultaneous Oral Health Drills Guidelines,”** which is self-explanatory.
2. Immediate dissemination of this Memorandum is desired.

**RAMIR B. UYTICO EdD, CESO III**  
Regional Director

Reference: As Stated

Incl: As Stated

To be indicated in the Perpetual Index  
under the following subjects:

HEALTH  
PROGRAMS  
SCHOOLS

AJG/ESSD-RM/ Endorsement of the 2026 National Toothbrushing Day (NTD) and Simultaneous Oral Health Drills Guidelines  
/January 30, 2026



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Republika ng Pilipinas  
**Department of Education**  
 OFFICE OF THE UNDERSECRETARY FOR GOVERNANCE AND OPERATION

**MEMORANDUM**  
 DM-OUGOPS-2026-08-08371

**FOR : REGIONAL DIRECTORS  
 SCHOOLS DIVISION SUPERINTENDENTS  
 PRINCIPALS/SCHOOL HEADS/TEACHERS-IN-CHARGE  
 SCHOOL HEALTH PERSONNEL  
 ALL OTHERS CONCERNED**

**FROM : MALCOLM S. GARMA**  
 Undersecretary



**SUBJECT : ENDORSEMENT OF THE 2026 NATIONAL TOOTHBRUSHING DAY (NTD) AND SIMULTANEOUS ORAL HEALTH DRILLS GUIDELINES**

**DATE : January 22, 2026**

The Department of Education (DepEd), through the School Health Division, formally endorses the **2026 National Toothbrushing Day (NTD)** organized by the Philippine Dental Association (PDA), Inc.. This initiative is a centerpiece of the **22nd National Dental Health Month (NDHM)** under the theme "**Dentista'y Kaagapay sa Ngiting Walang Humpay,**" which aims to influence the community to prioritize oral health care in response to high dental caries prevalence rates. Pursuant to Presidential Proclamation No. 559 s. of 2004 declaring February of every year as the National Dental Health Month, all DepEd Regional Offices, Schools Division Offices, and School Heads are **encouraged to facilitate and participate in the nationwide simultaneous drills** scheduled for **February 2, 2026**. For the detailed technical requirements and procedures of this event, please refer to the guidelines attached herein as **Annex A**.

The **national kick-off ceremony** will be held at **Mabini Central School, Brgy. Pulong Niogan, Mabini, Batangas**, and will be **streamed via Facebook Live and Zoom** platforms to ensure wide participation. All elementary schools are encouraged to **conduct simultaneous toothbrushing drills at exactly 8:00 AM** on the said date, employing either dry or wet toothbrushing techniques while strictly observing standard infection control protocols. To assist in the proper execution of the drill, school health personnel may utilize the official instructional video provided by the PDA.

For further queries, please contact the Bureau of Learner Support Services–School Health Division (BLSS–SHD) at telephone number (02) 8632-9935 or via email at [blss.shd@deped.gov.ph](mailto:blss.shd@deped.gov.ph).



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