



Republic of the Philippines
Department of Education
NEGROS ISLAND REGION

FEB 04 2026

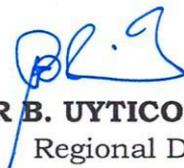
REGIONAL MEMORANDUM

No. III, s. 2026

ATTENDANCE OF INTERESTED DEPED HEALTH PERSONNEL AND GUIDANCE COUNSELORS AT THE 12TH HEEADSSSS WORKSHOP OF THE PHILIPPINE CHILDREN'S MEDICAL CENTER - ADOLESCENT MEDICINE DIVISION (PCMC-AMD)

To: Schools Division Superintendents
All Others Concerned

1. Attached is Memorandum OM-OUOPS-2026-08-08058 dated January 8, 2026, from Hon. Malcolm Garma, *Undersecretary for Operations*, regarding the **Attendance of Interested DepEd Health Personnel and Guidance Counselors at the 12th HEEADSSSS Workshop of the Philippine Children's Medical Center - Adolescent Medicine Division (PCMC-AMD)**, which is self explanatory.
2. Immediate dissemination of and compliance with this Memorandum are desired.


RAMIR B. UYTICO EdD, CESO III
Regional Director

Encl.: None

Reference: As stated

To be indicated in the Perpetual Index under the following subjects:

HEALTH EDUCATION	POLICY
ORIENTATION	PROGRAMS

MJM/ESSD/DEPEDNIR/Attendance of Interested DepEd Health Personnel and Guidance Counselors at the 12th HEEADSSSS Workshop of the Philippine Children's Medical Center - Adolescent Medicine Division (PCMC-AMD)/February 4, 2026



Address: Batinguel, Dumaguete City, 6200
Telephone Nos:
Email Address: nir@deped.gov.ph
Website: <https://tinyurl.com/nir-gov-ph>



Republika ng Pilipinas
Department of Education

OFFICE OF THE UNDERSECRETARY FOR GOVERNANCE AND OPERATION

MEMORANDUM

OM-OUGOPS-2026-08-08058

**TO : ALL REGIONAL DIRECTORS
ALL SCHOOLS DIVISION SUPERINTENDENTS
ESSD AND SGOD CHIEFS
ALL OTHERS CONCERNED**

FROM : MALCOLM S. GARMA
Undersecretary



**SUBJECT : ATTENDANCE OF INTERESTED DEPED HEALTH PERSONNEL
AND GUIDANCE COUNSELORS AT THE 12th HEEADSSSS
WORKSHOP OF THE PHILIPPINE CHILDREN'S MEDICAL
CENTER - ADOLESCENT MEDICINE DIVISION (PCMC-AMD)**

DATE : January 8, 2026

Aligned with the Department of Education's delivery of its mandates under the Republic Act (RA) No. 10354 or the Responsible Parenthood and Reproductive Health (RPRH) Act of 2012, RA No. 11166 or the the Philippine HIV and AIDS Policy Act and its Implementing Rules and Regulations (IRR), DepEd Order No. 28, s. 2018 titled the Policy and Guidelines on *Oplan Kalusugan sa DepEd*, and supported by the 5-Point Reform Agenda which highlights the protection of learners' well-being, DepEd supports and recognizes the role of school health and its personnel in strengthening mechanisms against all forms of discrimination and dangers, improving learning environments, and ensuring learners have access to relevant health services (e.g., psychosocial screening (Rapid HEEADSSS) and assessment (Comprehensive HEEADSSS Interview), counseling, and referrals.

In line with these policy directions, The Philippine Children's Medical Center-Adolescent Medicine Division (PCMC-AMD), in coordination with the Department Education, through the Bureau of Learner Support Services-School Health Division (BLSS-SHD), will conduct its **12th HEEADSSSS Workshop** focusing on LGBTQIA+teens, titled "**Seeing Beyond Stereotypes: Promoting Healthy Gender Attitudes in Teens,**" on **February 27, 2026, Friday, from 8:00 am to 5:00 pm at the PCMC Multipurpose Hall.** This is an annual event that aims to capacitate healthcare providers in understanding challenges faced by adolescents through guided learning sessions in conducting an interview and on screening using the HEEADSSSS Tool. DepEd's health personnel and guidance counselors are invited to attend the workshop on a **first-come,**

first-served basis. Please register at <https://forms.gle/c4ioTCdEWxY6RLmK8>. Registration is open until February 14, 2026.

The workshop aims for the participants to:

- a. conduct SOGIE-inclusive HEEADSSSS psychosocial assessments by explaining environmental factors affecting diverse adolescents, applying gender-neutral communication, and integrating affirming principles in practice scenarios;
- b. demonstrate stigma-reducing communication by discussing adolescent sexual behaviors' STI/HIV risks across genders and orientations, while advocating for accessible sexual health services in simulated scenarios with diverse SOGIE youth; and
- c. recognize strengths in SOGIE-diverse adolescents and their families and communicate in ways that respectfully support adolescents and caregivers in working through concerns together.

In this regard, this Office respectfully supports PCMC's requests that interested personnel attend the workshop and learn effective approaches to supporting and managing adolescent psychosocial health **on official business**. Registration fees and travel expenses for the activity will be charged to the available Adolescent Reproductive Health (ARH) Program Support Funds (PSF)/MOOE/local funds, subject to the usual accounting and auditing rules and regulations.

Please contact **Dr. Lea Joana Talucod** or **Dr. Alexandra De Los Santos**, a fellow of PCMC, at 0917-8422084 for any questions or clarification.

For further inquiries about the HEEADSSS workshop, please contact **Dr. Lilibeth Midrano-Gonzales**, OIC, Chief Health Program Officer, or **Ms. Phanny S. Ramos**, Health Education and Promotion Officer III of the BLSS-School Health Division, via email at blss.shd@depe.gov.ph or by calling (02) 8632-9935.



16th floor, Techzone Building, 213 Sen. Gil Puyat Ave., San Antonio Village, Makati, Metro Manila, 1203
Telephone Nos.: (02) 8633-5313; (02) 8631-8492
Email Address: ouops@deped.gov.ph | Website: www.deped.gov.ph





THE 12TH HEEADSSSS WORKSHOP

SEEING BEYOND
STEREOTYPES:
PROMOTING HEALTHY
GENDER ATTITUDES IN TEENS

7 Physician PPE Units
5 Psychology PPE Units
1 Guidance Counselor PPE Units
1 Professional Teachers PPE Units
5 PPS Units

27 February 2026

8:00 AM - 5:00 PM

PCMC, 3F, Multi-purpose Hall



PROGRAM of ACTIVITIES



AM Session

AM Moderator: Mary Angeli A. Conti-Lopez, MD, MPH

- 7:30 - 8:00AM REGISTRATION
- 8:00 - 8:15AM OPENING CEREMONIES
 - Prayer
 - National Anthem
 - PPS Hymn, PCMC Hymn
 - Welcome Remarks: Maria Eva I. Jopson, MD, MSChSM, MPH
 - Overview of the Workshop/Introduction of Speakers: Liah Ann G. Cruz, MD, MHCM
- 8:30 - 9:15AM LECTURE 1
 - HEEADSSSS IQ: HEEADSSSS Screening for the LGBTQIA+ Teen
 - Speakers: Erlinda Susana Cuisia-Cruz, MD
Alexandra Deles Santos, MD
 - Q&A
- 9:15 - 10:00AM LECTURE 2
 - Let's Talk About SEX: STI and HIV Education for Adolescents and Young Adults
 - Speakers: Jay Ron O. Padua, MD
Lea Joana Talucod, MD
 - Q&A
- 10:00 - 10:15AM BREAK
- 10:15 - 11:30AM LECTURE 3
 - My Story, My Pride: A Panel Discussion
 - Panelists: Katherine B. Camus, MD
Niño B. Galacgac, PhD, RPsy
Erlinda Susana Cuisia-Cruz, MD
 - Video clips: 2 parents
- 11:30 - 12:00PM Q&A
- 12:00 - 1:00PM LUNCH BREAK

PM Session

PM Moderator: Darlene R. Pecache, MD

- 1:00 - 1:15PM Game Master: Niña Jose Santos, MD
Franklin Marc Patrick Tarronas, MD-MBA
Gianria Loisa Gidilfermo, RPsy
- 1:15 - 1:30PM RECAP OF MORNING SESSION AND WORKSHOP ORIENTATION
- 1:30 - 2:30PM CASE 1
- 2:30 - 2:45PM BREAK
- 2:45 - 3:45PM CASE 2
- 3:45 - 4:15PM SUMMARY AND FEEDBACK
Deborah A. Red, MD
- 4:15 - 5:00PM CLOSING CEREMONIES
 - Awarding of Certificates: Moses C. De Guzman III, MD
 - Closing Remarks: Erlinda Susana S. Cuisia-Cruz, MD

FACILITATORS:

- Nicole Marie Reyes, MD
- Vincent Carreon, MD
- Ralph Stephenson Tan, MD
- Darlene Pecache, MD
- Mary Angeli Conti-Lopez, MD
- Julia Mae Yulde-Cruz, MD
- Michelle Anne Mangubat, MD
- Liah Ann Cruz, MD
- Ria Parker Serviento, MD
- Ester Iligan, MD
- Deborah Red, MD
- Moses de Guzman III, MD
- Erlinda Susana Cuisia-Cruz, MD
- Rosa Maria Nancho, MD
- Alicia Tamecia, MD





PHILIPPINE CHILDREN'S MEDICAL CENTER
Quezon Avenue, Quezon City



Adolescent Medicine Division

16 December 2025

**ADOLESCENT MEDICINE
DIVISION**

ERLINDA S. CUESTA-CRUZ, MD
Division Head

**SECTION OF ADOLESCENT
MEDICINE**

DEBORAH A. RED, MD
*Section Head
OPD Coordinator*

LIAH ANN G. CRUZ, MD
Training Officer

ESTER M. ILIGAN, MD
Transition Program Manager

DARLENE R. PECACHE, MD
Research Officer

MARY ANGELI CONTI-LOPEZ, MD
Assistant Training Officer

MOSES C. DE GUZMAN III, MD
ALICIA B. TAMESIS, MD

ROSA MARTA H. NANCHO, MD
MICHELLE ANNE N. MANGUBAT, MD
Members

NIÑA JOSE-SANTOS, MD
FRANKLIN MARC PATRICK TARRONAS, MD
LEA JOANA TALUCOD, MD
ALEXANDRA Y. DE LOS SANTOS, MD
Fellow Members

SECTION OF PSYCHOLOGY

GIANINA LOISA C. GUILLERMO, RPSY
Clinical Psychologist

DIVISION CLERKS
CLEOFE ESMAMA
RONA RACHELLE GASPAR

GEORGINA ANN H. YANG
Assistant Secretary for Operations
Office of the Assistant Secretary for Operations

THRU/ATTN:

DR. MIGUEL ANGELO S. MANTARING
Director IV
Bureau of Learner Support Services
School Health Division

Dear Ms. Yang,

Greetings!

The Adolescent Medicine Division of the Philippine Children's Medical Center will be holding its **12th HEEADSSSS Workshop** on **February 27, 2026 from 8:00am to 5:00pm at the PCMC Multipurpose Hall**. This is an annual event that aims to capacitate healthcare providers in understanding challenges faced by adolescents through guided learning sessions in conducting an interview and on screening using the HEEADSSSS Tool. The focus of the 12th HEEADSSSS Workshop is on LGBTQIA+ teens and is entitled: **"Seeing Beyond Stereotypes: Promoting Healthy Gender Attitudes in Teens"**.

The workshop aims for participants:

1. To be able to conduct SOGIE-inclusive HEEADSSSS psychosocial assessments by explaining environmental factors affecting diverse adolescents, applying gender-neutral communication, and integrating affirming principles in practice scenarios.
2. To be able to demonstrate stigma-reducing communication by discussing adolescent sexual behaviors' STI/HIV risks across genders and orientations, while advocating for accessible sexual health services in simulated scenarios with diverse SOGIE youth.
3. To be able to recognize strengths in SOGIE-diverse adolescents and their families and communicate in ways that respectfully support adolescents and caregivers in working through concerns together.

In this regard may we request your good office to allow interested staff to attend on **OFFICIAL BUSINESS/ OFFICIAL TIME**. Interested participants may register through this link: <https://forms.gle/c4ioTCdEWxy6RLmK8>

The fee for the workshop is 2,000 PHP. Physician, Nursing, Guidance Counselor, Psychologist, and Professional Teacher PRC units and PPS units applied. Registration is open until **February 14, 2026**.



PHILIPPINE CHILDREN'S MEDICAL CENTER
Quezon Avenue, Quezon City



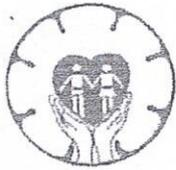
Adolescent Medicine Division

Attached is the activity poster and program. For questions, you may contact our fellows Dr. Lea Joana Talucod or Dr. Alexandra De Los Santos via 0917-8422084.

We look forward to your favorable response.

Very truly yours,

ERLINDA SUSANA CUISIA-CRUZ MD
Division Head
Adolescent Medicine Division
Philippine Children's Medical Center



PHILIPPINE CHILDREN'S MEDICAL CENTER
Quezon Avenue, Quezon City



Adolescent Medicine Division

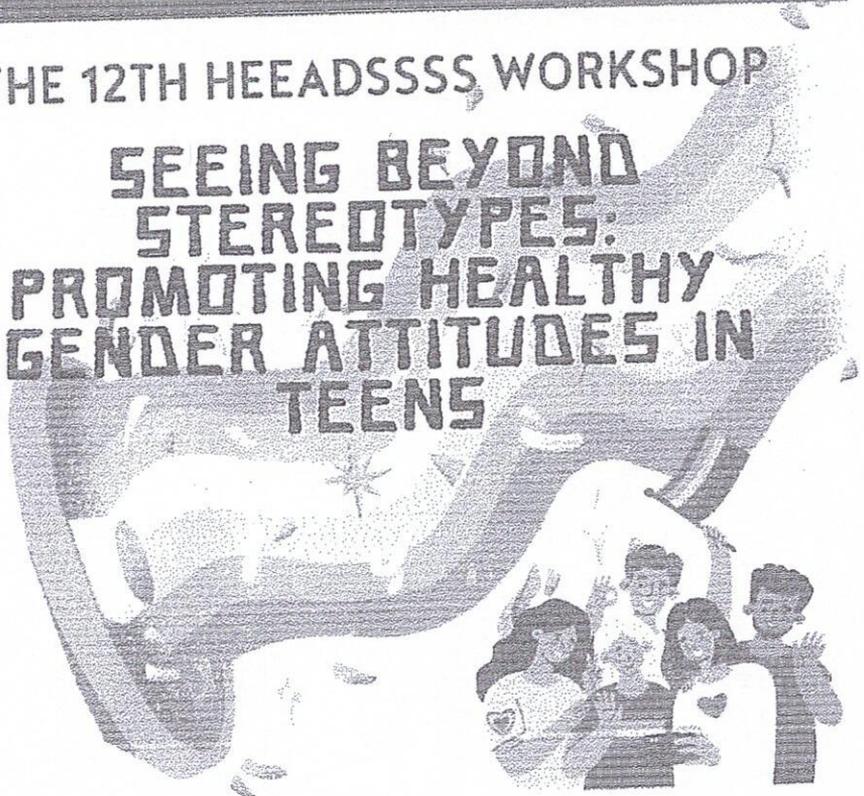


PHILIPPINE CHILDREN'S MEDICAL CENTER
ADOLESCENT MEDICINE DIVISION
PROUDLY PRESENTS



THE 12TH HEADSSSS WORKSHOP

**SEEING BEYOND
STEREOTYPES:
PROMOTING HEALTHY
GENDER ATTITUDES IN
TEENS**



27 February 2026
8:00 AM - 5:00 PM

PCMC, 3F, Multi-purpose Hall
Registration Fee: 2,000

PRC and PPS Units
Applied!



**PAYMENT VIA
GLASH**

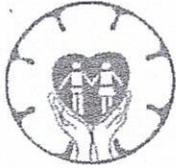
REGISTER UNTIL FEBRUARY 14, 2026!

bit.ly/444qtn3

(02)8589900 loc 1366

09178422084

pcmc.headssss@gmail.com



PHILIPPINE CHILDREN'S MEDICAL CENTER
Quezon Avenue, Quezon City



Adolescent Medicine Division



PHILIPPINE CHILDREN'S MEDICAL CENTER
ADOLESCENT MEDICINE DIVISION



THE 12TH HEADSSSS WORKSHOP

**SEEING BEYOND
STEREOTYPES:
PROMOTING HEALTHY
GENDER ATTITUDES IN TEENS**

7 PRC and PPS
Units Applied!

27 February 2026
8:00 AM - 5:00 PM
PCMC, 3F, Multi-purpose Hall



PROGRAM of ACTIVITIES

AM Session

AM Moderator: Mary Angeli A. Conti-Lopez, MD, MPH

- 7:30 - 9:00AM REGISTRATION
- 9:00 - 9:15AM OPENING CEREMONIES
 - Prayer
 - National Anthem
 - PPS Hymn, PCMC Hymn
 - Welcome Remarks: Maria Eva I. Jopson, MD, MSChSM, MPM
 - Overview of the Workshop/Introduction of Speakers: Liah Ann G. Cruz, MD, MHCM
- 9:30 - 9:45AM LECTURE 1
 - HEADSSSS (H): HEADSSSS Screening for the LGSTQIA+ Team
 - Speakers: Erlinda Susana Cuisia-Cruz, MD
Alexandra De los Santos, MD
 - Q&A
- 9:45 - 10:00AM LECTURE 2
 - Let's Talk About SEX: STI and HIV Education for Adolescents and Young Adults
 - Speakers: Jay Ron O. Padua, MD
Len Joanna Taluced, MD
 - Q&A
- 10:00 - 10:15AM BREAK
- 10:15 - 11:30AM LECTURE 3
 - My Story, My Pride: A Panel Discussion
 - Panelists: Katherine B. Camus, MD
Niño B. Galagao, PhD, RPsy
Erlinda Susana Cuisia-Cruz, MD
 - Video clips: 2 parents
- 11:30 - 12:00PM Q&A
- 12:00 - 1:00PM LUNCH BREAK

PM Session

PM Moderator: Darlene R. Pecache, MD

- 1:00 - 1:15PM Game Master: Niña Jose-Santos, MD
Franklin Marc Patrick Tarranas, MD-MBA
Gianina Luisa Guillermo, RPsy
- 1:15 - 1:30PM RECAP OF MORNING SESSION AND WORKSHOP ORIENTATION
- 1:30 - 2:30PM CASE 1
- 2:30 - 2:45PM BREAK
- 2:45 - 3:45PM CASE 2
- 3:45 - 4:15PM SUMMARY AND FEEDBACK
Deborah A. Red, MD
- 4:15 - 5:00PM CLOSING CEREMONIES
 - Awarding of Certificates: Moses C. De Guzman III, MD
 - Closing Remarks: Erlinda Susana S. Cuisia-Cruz, MD

FACILITATORS:

- Nicole Marie Reyes, MD
- Vincent Carreon, MD
- Ralph Stephenson Tan, MD
- Darlene Pecache, MD
- Mary Angeli Conti-Lopez, MD
- Julio Mae Yulde-Cruz, MD
- Michelle Anne Mangubat, MD
- Liah Ann Cruz, MD
- Pia Parker Serviento, MD
- Ester Biljan, MD
- Deborah Red, MD
- Moses de Guzman III, MD
- Erlinda Susana Cuisia-Cruz, MD
- Rosa Maria Nancho, MD
- Alicia Tameles, MD



(02)8589900 loc. 1366



09178422084



pcmc-headssss@gmail.com