



Republic of the Philippines  
Department of Education  
NEGROS ISLAND REGION

**REGIONAL MEMORANDUM**  
No. 125, s. 2026

FEB 05 2026

**PROMOTING ORAL HEALTH AWARENESS AND MONTH-LONG CELEBRATION  
OF THE 22<sup>nd</sup> NATIONAL DENTAL HEALTH MONTH**

To: Schools Division Superintendents  
All Others Concerned

1. This Office, through the Education Support Services Division - School Health and Nutrition Unit will celebrate the 22<sup>nd</sup> National Dental Health Month with the theme *“Dentista'y Kaagapay sa Ngiting Walang Humpay”* on February 2-27, 2026 at all Schools Division Offices in region. This celebration highlights the crucial role of families and caregivers in promoting oral health, particularly among learners with disabilities. This initiative aligns with the Department's commitment to learner well-being as outlined in the following:

- a. Presidential Proclamation No. 559, s. 20041 designating February as National Dental Health Month;
- b. DepEd Order (DO) No. 028, s. 2018, titled Policy and Guidelines on Oplan Kalusugan sa Department of Education, which promotes comprehensive health programs for learners; and
- c. DO 33, s. 2019, titled Implementing Guidelines on the Comprehensive Oral Health Program of the Department of Education, which emphasizes the promotion and maintenance of good oral health among learners by integrating oral health education and services into school health programs, preventing oral diseases, and fostering collaboration with stakeholders to support learners' overall well-being and productivity.

2. The celebration aims to

- a. highlight how important preventive dental care is for people of all ages and encourage everyone to visit their dentists;
- b. emphasize the key role dentists play in promoting proper oral hygiene and preventive care through professional cleaning, fluoride varnish application, and routine check-ups;
- c. guide patients of all ages, especially learners, to adopt lifelong oral health practices and facilitate early detection of dental problems; and



Republic of the Philippines  
Department of Education  
NEGROS ISLAND REGION

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d. support efforts to make oral health services more accessible and effective, thereby reinforcing the foundation of oral care that begins at home and within the family.

3. The Schools Division Offices and both public and private schools, are expected to take an active part in the month-long celebration. They should support and promote activities such as oral health education and other efforts that will help strengthen oral health advocacy among learners and the school community.

4. The dental personnel and other school health personnel in the SDOs shall take the lead in planning activities for the month-long celebration. Suggested activities are found in Annex A for reference.

5. Furthermore, all Dentists-in-Charge shall submit narrative reports along with photo documentation of the activities to be uploaded via the link: <https://tinyurl.com/DepEdNIR2026NDHM>, not later than one week after the celebration.

6. For concerns and inquiries, contact Dr. Mark Jason S. Mendoza, Officer-in-Charge, Medical Officer IV of Education Support Services Division (ESSD) via email at [markjason.mendoza05@deped.gov.ph](mailto:markjason.mendoza05@deped.gov.ph).

7. Immediate dissemination of and compliance with this Memorandum are desired.



RAMIR B. UYTICO EdD, CESO III  
Regional Director

**Encl.:** As stated

**Reference:** As stated

To be indicated in the Perpetual Index under the following subjects:

HEALTH EDUCATION	POLICY
ORIENTATION	PROGRAMS

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MJM/ESSD/DEPEDNIR/Promoting Oral Health Awareness and Month-Long Celebration of the 22<sup>nd</sup> National Dental Health Month/February 4, 2026

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Department of Education  
NEGROS ISLAND REGION

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Annex A to RM 125, s. 2026

<b>Suggested Activities for the Month-long Celebration of the 22nd National Oral Health Month (February 2-27, 2026)</b>	
<b>First Week</b>	<b>Demonstrations and Interactive Activities</b> 1. Demonstration on proper toothbrushing and oral hygiene technique 2. Interactive workshops and distribution of oral hygiene kits, if available It is suggested to collaborate and establish partnerships with professional organizations like PDA, local dental clubs, and other external stakeholders to facilitate the implementation of advocacy activities.
<b>Second Week</b>	<b>Oral Health Awareness Campaigns</b> 1. School-wide oral health information drives and advocacy campaigns 2. Oral health promotion activities tailored to diverse learner needs, including learners with disabilities
<b>Third Week</b>	<b>Delivery of Oral Health Services</b> 1. Basic oral examination and consultation subject to available resources 2. Coordination with local government units, dental professionals, and partners for school-based oral health services
<b>Fourth Week</b>	<b>Oral Health Education Activities</b> 1. Classroom-based oral health education sessions 2. Orientation sessions for parents and guardians on basic oral health practices