Republic of the Philippines
Department of Education
NEGROS ISLAND REGION

REGIONAL MEMORANDUM
No. 1315, s. 2026

NOV 1 2 2026

DISSEMINATION OF THE PROVINCIAL HEALTH OFFICE'S RESOLUTION AUTHORIZING BARANGAY NUTRITION SCHOLARS (BNS) AND BARANGAY HEALTH WORKERS (BHW) TO ASSIST IN LEARNERS' BODY MASS INDEX (BMI) ASSESSMENT

To: Schools Division Superintendents of Bayawan City, Bais City
Canlaon City, Dumaguete City, Guihulngan City,
Negros Oriental, and Tanjay City
Chief, Education Support Services Division
All Others Concerned

1. This Office, through the Education Support Services Division (ESSD), disseminates the attached communication from **Hon. Manuel S. Sagarbarria,** Provincial Governor, Province of Negros Oriental dated September 29, 2026 titled **"A Resolution Respectfully Requesting the Department of Education Schools Division of Negros Oriental and Other City Schools Divisions to Coordinate with Concerned Schools and Allow the Participation of Barangay Nutrition Scholars (BNS) and Barangay Health Workers (BHW), under the Supervision of the Rural Health Midwife, to Assist in the Proper Taking of Learners' Weight and Height Measurements for Nutritional Status Assessment,"** which is self-explanatory.

2. Immediate dissemination of this Memorandum is desired.

RAMIR B. UYTICO EdD, CESO III
Regional Director

Reference: As Stated.
Incl: As Stated.
To be indicated in the Perpetual Index
under the following subjects:

SCHOOLS HEALTH

SJRM/ESSD-RM/ Resolution No.2, Series of 2026
/ September 29, 2026

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Republic of the Philippines
Province of Negros Oriental
PROVINCIAL HEALTH OFFICE
PROVINCIAL NUTRITION COMMITTEE
Dumaguete City

BAGONG PILIPINAS

November 5, 2026

RAMIR B. UYTICO, EdD, CESO III
Regional Director
NIR Department of Education
Batinguel, Dumaguete City

Dear **Dr. Uytico,**

Warm greetings!

Respectfully endorsing **Provincial Nutrition Committee Resolution No. 2, Series of 2026**, entitled ***"A Resolution Respectfully Requesting the Department of Education Schools Division of Negros Oriental and Other City Schools Divisions to Coordinate with Concerned Schools and Allow the Participation of Barangay Nutrition Scholars (BNS) and Barangay Health Workers (BHW), under the Supervision of the Rural Health Midwife, to Assist in the Proper Taking of Learners' Weight and Height Measurements for Nutritional Status Assessment,"*** for your consideration and appropriate action.

We respectfully seek your support in facilitating coordination with concerned schools to allow the participation of BNSs and BHWs in assisting with learners' anthropometric measurements, in coordination with and under the supervision of the concerned school personnel and Rural Health Midwives, following prescribed DepEd standards and protocols.

Your support will help strengthen the accuracy and reliability of school nutrition data and facilitate appropriate interventions for nutritionally at-risk learners.

Thank you for your continued partnership and support in improving the health and nutrition of schoolchildren in the province.

Very truly yours,

LILAND ZOILA B. ESTACION, RN., MD.
Provincial Health Officer II
Provincial nutrition Action Officer

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Republic of the Philippines
Province of Negros Oriental
Provincial Health Office
PROVINCIAL NUTRITION COMMITTEE
Dumaguete City

Excerpts from the minutes of the Provincial Nutrition Committee meeting held on September 29, 2026, at Provincial Health Office, Dumaguete City.

RESOLUTION NO. 2 (S 2026)

A RESOLUTION RESPECTFULLY REQUESTING THE DEPARTMENT OF EDUCATION SCHOOLS DIVISION OF NEGROS ORIENTAL, BAYAWAN CITY DIVISION, DUMAGUETE CITY DIVISION, TANJAY CITY DIVISION, BAIS CITY DIVISION, GUIHULNGAN CIY DIVISION AND CANLAON CITY DIVISION TO COORDINATE WITH CONCERNED SCHOOLS AND ALLOW THE PARTICIPATION OF BARANGAY NUTRITION SCHOLARS (BNS) AND BARANGAY HEALTH WORKERS (BHW), UNDER THE SUPERVISION OF THE RURAL HEALTH MIDWIFE, TO ASSIST IN THE PROPER TAKING OF LEARNERS' WEIGHT AND HEIGHT MEASUREMENTS FOR NUTRITIONAL STATUS ASSESSMENT

WHEREAS, the Philippine Plan of Action for Nutrition (PPAN) 2023–2028 serves as the country's strategic and directional framework for addressing malnutrition and achieving improved nutrition outcomes through multisectoral collaboration;

WHEREAS, the PPAN 2023–2028 identifies **School Integrated Health and Nutrition Services**, including **nutritional status assessment**, as a nutrition-specific intervention to be implemented through the Department of Education and its partners;

WHEREAS, the Department of Education recognizes nutritional assessment as an essential component of school health and nutrition services, particularly in determining the nutritional status of learners and identifying those who may require appropriate nutrition and health interventions;

WHEREAS, DepEd Memorandum No. 165, s. 2010, entitled *Adoption of the 2007 World Health Organization-Child Growth Standards (WHO-CGS)*, provides that the WHO-CGS shall be used in determining the nutritional status of Filipino school children aged 5–19 years and emphasizes the proper conduct of height and weight measurements using appropriate equipment;

WHEREAS, DepEd policies and prescribed school health and nutrition forms require accurate height and weight information as part of the nutritional status assessment of learners, including the determination of Body Mass Index (BMI)-for-Age and Height-for-Age (HFA);

WHEREAS, accurate and reliable anthropometric measurements are critical in ensuring the quality of nutrition data, which serve as the basis for identifying nutritionally at-risk learners, planning appropriate interventions, monitoring progress, and evaluating the effectiveness of school-based nutrition programs;

WHEREAS, the Province of Negros Oriental recognizes the need for strengthened collaboration between the Department of Education, Local Government Units, Rural Health Units, and community-based nutrition and health workers to improve the quality and reliability of nutrition-related data among learners;

WHEREAS, the Barangay Nutrition Scholars (BNS) and Barangay Health Workers (BHW) are community-based workers who can provide technical and manpower support in health and nutrition activities within their respective communities, subject to proper coordination, orientation, and supervision;

WHEREAS, the Rural Health Midwife, as the designated health professional of the Rural Health Unit, may provide appropriate supervision and technical guidance to participating BNSs and BHWs to ensure that weight and height measurements are taken correctly and in accordance with prescribed standards and protocols;

WHEREAS, the proposed participation of BNSs and BHWs is intended to **augment and support,** and not replace, the roles and responsibilities of DepEd school personnel in the conduct, recording, validation, and submission of learners' nutritional status assessment;

NOW, THEREFORE, BE IT RESOLVED, as it is hereby resolved, to **respectfully request the Department of Education–Schools Division of Negros Oriental, Bayawan City Division, Dumaguete City Division, Tanjay City Division, Bais City Division, Guihulngan City Division and Canlaon City Division to coordinate with concerned schools and allow the participation of Barangay Nutrition Scholars (BNS) and Barangay Health Workers (BHW), under the supervision of the Rural Health Midwife, to assist in the proper taking of learners' weight and height measurements for Nutritional Status Assessment;**

BE IT FURTHER RESOLVED, that the participation of BNSs and BHWs shall be undertaken in close coordination with the School Head, designated school health and nutrition personnel, and concerned Rural Health Unit, following DepEd-prescribed procedures, standards, schedules, and data recording requirements;

BE IT FURTHER RESOLVED, that the participating BNSs and BHWs shall be properly oriented on standard anthropometric measurement procedures and shall use appropriate and, whenever available, calibrated measuring equipment to help ensure accurate and reliable measurements;

BE IT FURTHER RESOLVED, that the Rural Health Midwife shall provide supervision and technical guidance during the activity and coordinate with the school personnel to address concerns related to the proper measurement, recording, and referral of learners who may be identified as nutritionally at risk;

BE IT FURTHER RESOLVED, that all learner information and nutritional assessment results shall be handled with due confidentiality and shall be recorded and reported through the prescribed DepEd systems, forms, and procedures;

BE IT FURTHER RESOLVED, that the Provincial Nutrition Committee, through the Provincial Nutrition Action Office/Provincial Health Office Nutrition Office, shall coordinate with the DepEd–Schools Division of Negros Oriental, concerned Local Government Units, Rural Health Units, and other relevant stakeholders to facilitate the implementation of this collaborative support mechanism;

BE IT FINALLY RESOLVED, that copies of this Resolution be furnished to the **Department of Education–Schools Division of Negros Oriental, , Bayawan City Division, Dumaguete City Division, Tanjay City Division, Bais City Division, Guihulngan City Division and Canlaon City Division,** Provincial Health Office, concerned Local Government Units, Rural Health Units, and other concerned offices for their information, consideration, and appropriate action.

RESOLVED FURTHER, that this Resolution shall take effect immediately upon its adoption.

APPROVED, this 29th day of September 2026 during the 3rd Quarter Provincial Nutrition Committee meeting held at Conference Room, 2nd Floor PHO Conference Room, PHO, Dumaguete City.

Certified Correct:

LILAND ZOILA B. ESTACION, RN, MD
Assistant Provincial Health Officer
Provincial Nutrition Action Officer

Attested by:

HON. MANUEL L. SAGARBARRIA
Provincial Governor
Chair, Provincial Nutrition Committee