



Republic of the Philippines  
**Department of Education**  
**NEGROS ISLAND REGION**

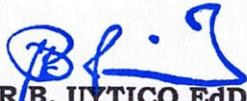
REGIONAL MEMORANDUM  
No. 143 s. 2026

FEB 11 2026

**CALL FOR PARTICIPANTS FOR THE ARAL SERIES: MASTER CLASS  
ON SOCIAL-EMOTIONAL LEARNING (SEL)**

To: Schools Division Superintendents  
All Others Concerned

1. Attached is DepEd Memorandum No. DM-OULS-2026-059 titled Call for Participants for the ARAL Series: Master Class on Social-Emotional Learning (SEL) via Microsoft Teams Townhall on February 14, 21, and 28, 2026.
2. Immediate dissemination of and compliance with this Memorandum are desired.

  
**RAMIR B. UYTICO EdD, CESO III**  
Regional Director

Encl.: None

Reference: As Stated

To be indicated in the Perpetual Index

under the following subjects:

CURRICULUM

TRAINING PROGRAMS

TEACHERS

JEB/CLMD-RM-Call for Participants for the ARAL Series: Master Class on Social-Emotional Learning (SEL)  
000/February 10, 2026



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Republic of the Philippines  
**Department of Education**  
OFFICE OF THE UNDERSECRETARY FOR LEARNING SYSTEMS

**MEMORANDUM**  
**DM-OULS-2026-059**

**TO :** Regional Directors  
Schools Division Superintendents  
School Heads  
All Others Concerned

*Carmela Oracion*

**FROM :** **CARMELA C. ORACION**  
Assistant Secretary  
Officer-in-Charge  
Office of the Undersecretary for Learning Systems

**SUBJECT :** **CALL FOR PARTICIPANTS FOR THE ARAL SERIES:  
MASTER CLASS ON SOCIAL-EMOTIONAL LEARNING (SEL)**

**DATE :** 06 February 2026

1. Pursuant to Section 4 of the Republic Act (RA) No. 12028, or the Academic Recovery and Accessible Learning (ARAL) Program Act of 2024 and DepEd Order (DO) No. 18, s. 2025, or the Implementing Guidelines of the Academic Recovery and Accessible Learning Program, the Department of Education implemented the ARAL Program. This initiative establishes a free and effective national learning intervention program to ensure that all learners struggling in their lessons, particularly in Reading, Mathematics, and Science, will be able to attain the competencies set by DepEd in their respective levels.
2. In line with this commitment, the National Educators Academy of the Philippines (NEAP), in partnership with the Gokongwei Brothers Foundation (GBF), shall conduct the 3<sup>rd</sup> Installment of Aral Series titled **ARAL Series: Master Class on Social-Emotional Learning (SEL)**, via Microsoft Teams Townhall on **February 14, 21, and 28, 2026**. This three-part webinar series is accredited by the Professional Regulation Commission (PRC) and carries **15 CPD unis**.
3. The activity is open to **80,000 Key Stage 1 ARAL Teachers and Tutors** nationwide, including those involved in remediation and academic recovery initiatives under the ARAL Program.
4. Specifically, this activity aims to:
  - Lead the strategic integration of the ExSELLEnT Framework into specialized remediation programs to address complex learner needs;
  - Manage research-based SEL interventions that enhance teacher readiness and foster inclusive, psychologically safe learning environments; and

- Formulate multidisciplinary policies and partnerships that institutionalize SEL within schoolwide systems and community-led recovery efforts.
5. Interested participants are **required to register** through the official GBF STEM Collab community page at [bit.ly/m/gbfstemcollabcommunity](http://bit.ly/m/gbfstemcollabcommunity), where the official Webinar Series links and related announcements will be posted. Participants may also refer to attached **Program Matrix** (Enclosure 1) for reference and guidance.
  6. For further queries or clarifications, kindly contact the **NEAP-Professional Development Division** at [neap.pdd@deped.gov.ph](mailto:neap.pdd@deped.gov.ph) or landline (02) 8715-9919. You may also reach the **Gokongwei Brothers Foundation** through **Candice D. Jungao** at the GBF Educator Programs team.
  7. For immediate dissemination and appropriate action.

*CD*



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Enclosure 1

**PROGRAM MATRIX**

**February 14, 2026**

1. Strategic SEL: Integrating the ExSELLEnT Framework for Effective Remediation
2. Teacher SEL and Well-Being: Leading with Emotional Readiness in Remediation

TIME START	TIME END	DURATION	ACTIVITY
8:00 AM	9:00 AM	60 minutes	<b>Registration and Pretest</b>
9:00 AM	9:15 AM	15 minutes	<b>Opening Program</b> Teacher Engagement: STEMulator
9:15 AM	10:15 AM	60 minutes	Topic 1: <b>Integrating the ExSELLEnT Framework for Effective Remediation</b>
10:15 AM	10:30 AM	15 minutes	<b>Q&amp;A</b>
10:30 AM	11:30 AM	60 minutes	Topic 2: <b>Teacher SEL and Well-Being: Leading with Emotional Readiness in Remediation</b>
11:30 AM	11:45 AM	15 minutes	<b>Q&amp;A</b>
11:45 AM	12:00 PM	15 minutes	<b>Breakout Session</b> Workshop Instructions and Post Test Guidelines
12:00 PM	1:00 PM	60 minutes	<b>Lunch Break</b>
1:00 PM	5:00 PM	240 minutes	<b>Self-paced Workshop</b> Post Test and Output Completion

**February 21, 2026**

1. Classroom SEL: Building Positive Relationships for Remediation
2. Inclusive Classrooms: Designing Safe and Supportive Remedial Environments

TIME START	TIME END	DURATION	ACTIVITY
8:00 AM	9:00 AM	60 minutes	<b>Registration and Pretest</b>
9:00 AM	9:15 AM	15 minutes	<b>Opening Program</b> Teacher Engagement: STEMulator
9:15 AM	10:15 AM	60 minutes	Topic 1: <b>Classroom SEL: Building Positive Relationships for Remediation</b>



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10:15 AM	10:30 AM	15 minutes	<b>Q&amp;A</b>
10:30 AM	11:30 AM	60 minutes	<b>Topic 2: Inclusive Classrooms: Designing Safe and Supportive Remedial Environments</b>
11:30 AM	11:45 AM	15 minutes	<b>Q&amp;A</b>
11:45 AM	12:00 PM	15 minutes	<b>Breakout Session</b> Workshop Instructions and Post Test Guidelines
12:00 PM	1:00 PM	60 minutes	<b>Lunch Break</b>
1:00 PM	5:00 PM	240 minutes	<b>Self-paced Workshop</b> Post Test and Output Completion

**February 28, 2026**

1. Schoolwide SEL: Implementing Policies and Programs to Support Remediation
2. School & Community SEL: Extending Support for Holistic Learner Recovery

TIME START	TIME END	DURATION	ACTIVITY
8:00 AM	9:00 AM	60 minutes	<b>Registration and Pretest</b>
9:00 AM	9:15 AM	15 minutes	<b>Opening Program</b> Teacher Engagement: STEMulator
9:15 AM	10:15 AM	60 minutes	<b>Topic 1: Schoolwide SEL: Implementing Policies and Programs to Support Remediation</b>
10:15 AM	10:30 AM	15 minutes	<b>Q&amp;A</b>
10:30 AM	11:30 AM	60 minutes	<b>Topic 2: School &amp; Community SEL: Extending Support for Holistic Learner Recovery</b>
11:30 AM	11:45 AM	15 minutes	<b>Q&amp;A</b>
11:45 AM	12:00 PM	15 minutes	<b>Breakout Session</b> Workshop Instructions and Post Test Guidelines
12:00 PM	1:00 PM	60 minutes	<b>Lunch Break</b>
1:00 PM	5:00 PM	240 minutes	<b>Self-paced Workshop</b> Post Test and Output Completion