



Republic of the Philippines
Department of Education
NEGROS ISLAND REGION

REGIONAL MEMORANDUM

No. 462, s. 2025

**TRAINING OF FACILITATORS ON COMMUNITY-BASED
MENTAL HEALTH PROGRAM**

To: Schools Division Superintendents
All Others Concerned

1. Attached is a Memorandum from Hon. Malcolm S. Garma, *Undersecretary for Governance and Operations*, dated August 27, 2025, regarding the **Training of Facilitators on Community-Based Mental Health Program**, which is self explanatory.

2. Below is the list of participants to this activity:

Name of Participant	Position/Designation	Schools Division Office
Leonardo M. Andrada Jr.	Nurse II/Division SMHP Focal	Bacolod City
Stephen John G. Faina	Nurse II/Division SMHP Focal	Bago City
Dr. Lynne R. Demandante	Medical Officer III	Bais City
Persee James R. Baybay	Nurse II/ Division SMHP focal	Bayawan City
Pia E. Montebon	Nurse II/ Division SMHP focal	Cadiz City
Gweneth Celeste O. Geodesico	Dentist II/SMHP Alternate	Canlaon City
Mardy P. Amor	Nurse II/Division SMHP Focal	Dumaguete City
Norielaine Faith Z. Pabuaya	Nurse II/Division SMHP Focal	Escalante City
John Bethto I. Leong	Nurse II/Division SMHP Focal	Guihulngan City
Edelaiza B. Grijaldo	Nurse II/Division SMHP Focal	Himamaylan City
Rictee I. Resano	Nurse II/ Division SMHP	Kabankalan City
Frances Antonette R. Tam	Nurse II / SMHP Focal	La Carlota City



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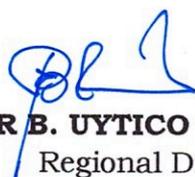
Website: <https://tinyurl.com/nir-gov-ph>



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Ramona D. Marcellana	Nurse II/Division SMHP	Negros Occidental
Mark Anthony A. Pajuelas	Nurse II/ Division SMHP	Negros Oriental
Irish Theresa E. Ubamos	Nurse II/Division SMHP Focal	Sagay City
Dannah Bustillo-Mata	Nurse II/Division SMHP Focal	San Carlos City
Chevien D. Davila	Nurse II / Division SMHP Focal	Silay City
Charise B. Flores	Nurse II/Division SMHP Focal	Sipalay City
Ciarra Gwynn C. Jimenez	Nurse II/Division SMHP Focal	Siquijor
Evelyn C. Zerna	Nurse II / Divison SMHP Focal	Tanjay City
Arlyn P. Dato	Teacher III	Victorias City

3. Immediate dissemination of and compliance with this Memorandum are desired.


RAMIR B. UYTICO EdD, CESO III
Regional Director

Reference: None

Incl: None

To be indicated in the Perpetual Index
under the following subjects:

HEALTH EDUCATION
POLICY
TRAINING PROGRAMS

JMP/ESSD/DEPEDNIR/Training of Facilitators on Community-Based Mental Health Program
_____/October 3, 2025



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Republika ng Pilipinas
Department of Education

OFFICE OF THE UNDERSECRETARY FOR GOVERNANCE AND OPERATIONS

MEMORANDUM
OM-OUOPS-2025-08-05237

FOR : **REGIONAL DIRECTORS**
 REGIONS VI, VII, VIII, IX, X, XI, XI, CARAGA
BARMM EDUCATION MINISTER

FROM : **MALCOLM S. GARMA** 
 Undersecretary for Governance and Operations 

SUBJECT : **TRAINING OF FACILITATORS ON COMMUNITY-BASED MENTAL HEALTH PROGRAM**

DATE : August 27, 2025

The Department of Education (DepEd) is committed to promoting and protecting the mental health and well-being of learners by fulfilling its mandates under R.A 11036 or the Mental Health Act and R.A 12080 or the Basic Education Mental Health and Wellbeing Promotion Act. Pursuant to the said mandates, the Bureau of Learner Support Services – School Health Division (BLSS-SHD) established the **School-Based Mental Health Program (SMHP)** which aims, among others, to strengthen the effective delivery of mental health services.

Thus, DepEd Region XII is set to conduct a **Training of Facilitators on Community-Based Mental Health Program**. This initiative aims to equip field personnel with the necessary competencies and skills in psychosocial intervention and community-based mental health.

This program is strategically designed to ensure proactive and effective interventions in both school and community settings, focusing on building competencies in direct support provision and establishing efficient referral pathways. School Health personnel will be trained as a facilitator in providing adequate psychosocial support for learners and individuals in need in their respective communities.

This activity will be rolled out for the **VisMin Cluster on October 15-17, 2025, in General Santos City**. Attached are the following for your reference: List of Participants (Annex A), and Indicative Program (Annex B).

In this regard, this Office requests to:

1. Identify **participant/s per SDO**, as indicated in Annex A, to attend the said training, priority are the SMHP Coordinators; and
2. Advise the identified participant/s to register through the link: **<https://forms.office.com/r/Gxt8EWNNHN>** on or before **September 12, 2025**.

Participants are required to attend all days of the training. Transportation expenses shall be charged to the downloaded LSP PSF for SMHP of the respective Regional Offices, subject to the usual accounting, budgeting, and auditing rules and regulations.

For questions and further clarifications, please contact BLSS-School Health Division on telephone number **(02) 8632-9935** or via email at **blss.shd@deped.gov.ph**.



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Doc. Ref. Code	OM-OUOPS	Rev	01
Effectivity	03.23.23	Page	1 of 1



Annex A

LIST OF PARTICIPANTS

Training of Facilitators on Community-Based Mental Health Program

VisMin Cluster

October 15-17, 2025

General Santos City

	REGION/OFFICE	NO. OF PAX	REMARKS
Participants	Region XII	18	2 per SDO; 2 from RO
	Region VI	21 - 2	13 ←
	Region VII	20 - 8	1 participant per SDO, priority are the SMHP Coordinator
	Region VIII	13	
	Region IX	8	
	Region X	14	
	Region XI	11	
	CARAGA	12	
	BARMM	11	
	Central Office	1	
Program Management Team	Central Office	4	
	Region/SDO	6	
Resource Persons	RenewHealth	3	
Coaches	Various Regions	19	
TOTAL		161	

Annex B

**COMMUNITY-BASED MENTAL HEALTH - KATATAGAN PLUS
FACILITATOR'S TRAINING
October 14-17, 2025
General Santos City**

SCHEDULE OF ACTIVITIES

Date / Time	Activity	Person Responsible
Day 0 October 14, 2025		
9:00 AM – 12:00 PM	Arrival of PMT (DepEd Central, Host Region), Coaches and RPs from RenewHealth	Program Management Team (PMT)
12:00 PM – 1:00 PM	Lunch	-
1:00 PM – 5:00 PM	Preparatory work and refresher for Coaches	RenewHealth
Day 1 October 15, 2025		
7:30 AM – 9:00 AM	Arrival of Participants Registration	Program Management Team (PMT)
9:00 AM – 9:30 AM	Opening Program <ul style="list-style-type: none"> • Preliminaries • Welcome Remarks • Introduction to the training • Presentation of Indicative Program of Activities • Leveling of Expectations 	Program Management Team (PMT)
9:30 AM – 10:30 AM	DEPED (SMHP, MHRM, LHAS)	DepEd CO
10:30 AM – 10:45 AM	Health Break	-
10:45 AM – 11:30 AM	DEPED (SMHP, MHRM, LHAS)	DepEd CO
11:30 AM – 12:00 PM	Mental Health Literacy and Prevalence-Belief, Knowledge and Explanations	Coaches
12:00 PM – 1:00 PM	Lunch Break	-
1:00 PM – 1:30 PM	Understanding Mental Health & Disorders- Anxiety, Depression and Substance Abuse	Coaches
1:30 PM – 2:00 PM	Understanding Suicide - CSSRS	Coaches
2:00 PM – 3:00 PM	Mental Health First Aid - ALGEE	Coaches
3:00 PM – 3:15 PM	Health Break	-
3:15 PM – 4:15 PM	MHFA Simulation – Role Playing	Coaches
4:15 PM – 5:00 PM	DEPED (SMHP, MHRM, LHAS)	DepEd CO
Day 2 October 16, 2025		
8:00 AM – 8:30 AM	Management of Learning <ul style="list-style-type: none"> • Leveling of Expectations • Program Objectives 	Program Management Team (PMT)

	<ul style="list-style-type: none"> • Program Matrix • Session Norms 	
8:30 AM – 9:00 AM	Introduction to Katatagan Plus-Program overview Presentation of Pilot Data	RenewHealth
9:00 AM – 10:00 AM	Katatagan Plus Module 1 - Simulation	Coaches
10:00 AM – 10:15 AM	Health Break	-
10:15 AM – 11:15 AM	Simulations of Module 2	Coaches
11:15 AM – 12:00 PM	Simulations of Module 3	Coaches
12:00 PM – 1:00 PM	Lunch Break	-
1:00 PM – 2:00 PM	Simulations of Module 4	Coaches
2:00 PM – 3:00 PM	Simulations of Module 5	Coaches
3:00 PM – 3:15 PM	Health Break	-
3:15 PM – 4:15 PM	Simulations of Module 6	Coaches
4:15 PM – 5:15 PM	Simulations of Module 7	Coaches
5:15 PM – 6:15 PM	Simulations of Module 8	Coaches
Day 3		
October 17, 2025		
8:00 AM – 8:30 AM	Management of Learning <ul style="list-style-type: none"> • Leveling of Expectations • Program Objectives • Program Matrix • Session Norms 	Program Management Team (PMT)
8:30 AM – 10:00 AM	Integration of Learnings - Katatagan Plus	Program Management Team (PMT)
10:00 AM – 10:30 AM	Self-Care	-
10:30 AM – 11:30 AM	Post Test/Evaluation	Program Management Team (PMT)
11:30 AM – 12:00 PM	Action Planning	Program Management Team (PMT)
12:00 PM	Closing Lunch/Recession	-