



Republic of the Philippines
Department of Education
NEGROS ISLAND REGION

SEPTEMBER 11, 2026

REGIONAL MEMORANDUM

No. **994**, s. 2026

OBSERVANCE OF THE TWO-DAY WELLNESS BREAK FOR TEACHERS

TO: Assistant Regional Director
Schools Division Superintendents

1. Attached is the Unnumbered Memorandum dated September 8, 2026 re: "Observance of the Two-Day Wellness Break for Teachers", which is self-explanatory.
2. Attention is particularly invited to Paragraph 2 of the said Memorandum.
3. Immediate dissemination of and compliance with this Memorandum are desired.


RAMIR B. UYTICO EdD, CESO III
Regional Director

Encl.: As stated

Reference: As stated

To be indicated in the Perpetual Index
under the following subjects:

BUREAUS AND OFFICES
TEACHERS

ASD/PS/JEM/REGIONAL MEMO -Dessimination-Unnumbered Memorandum-Observance of the two-day wellness break for teachers



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